

THE POWER OF A POSITIVE TEAM

IT'S NOT OK TO BE MOODY

Manage your mindset by focusing on the things you can control. Do this for you and your team.







THINGS OUTSIDE OF MY CONTROL

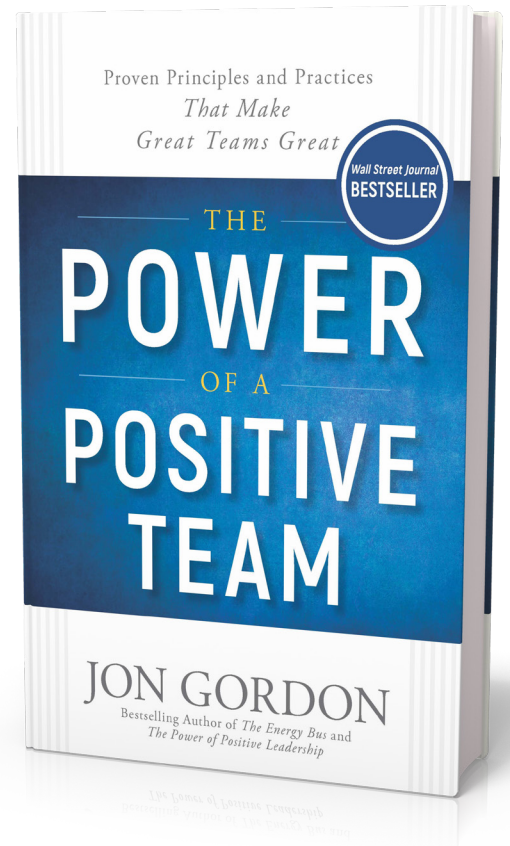


POSITIVE TEAMS ADDRESS, TRANSFORM, AND REMOVE NEGATIVITY

POSITIVE TEAMS ADDRESS, TRANSFORM, AND REMOVE NEGATIVITY

In *The Power of a Positive Team* book on page 70 it says, “To build a great team, you and your team members need to show up every day with a positive attitude. Focus on becoming the best version of yourself every day.” And, then the book lists some of the ways to do that:

-  Don't let negative circumstances and moods affect you and your team.
-  Don't change depending on which way the wind is blowing; instead, be like a **strong-rooted tree** that does not waver, regardless of what is happening around it.
-  Be the kind of **consistent** team member and team everyone knows they can **trust** and count on.
-  When you need to, **ask for help** and let your team help instead of trying to push through challenges alone.



How can you and your team work on being consistent for each other and supporting each other in this area? Have this discussion as a team.

What can you do personally to show up as the best version of yourself for your team?

MY ATTITUDE _____

MY EFFORT _____

MY BEHAVIOR _____

MY ACTIONS _____