

# THE POWER OF A POSITIVE TEAM

## Positive Teams Build Trust and Great Relationships

### BUILDERS



- Authenticity
- Honesty and Integrity
- Approachability
- Active Listening
- Being Present
- Mutual Respect
- Inclusivity and Collaboration
- Going to Bat for You
- Extending Compassion
- Believing the Best
- Providing a Safe Environment to “Make Mistakes and Grow”
- Generously Sharing Expertise
- Demonstrating Consistent Emotional Management
- Willing to Teach and Coach
- Humility
- Enjoying Reward and Recognition as a Team
- Admitting Mistakes
- Accentuating Positives
- Dependability and Keeping Agreements
- High Say/Do Ratio

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### BREAKERS



- Acts Superior
- Misses Deadlines
- Jockeys Politically
- Micromanages
- Takes Credit
- Demeaning and Diminishing
- Plays Favorites
- Hyper-Focused on Hierarchy
- Not Listening
- Always too Busy
- Says One Thing and Does Another
- Talking with Others About Issues Instead of Coming Directly to Have a Conversation for Improvement
- Competes Instead of Teaming Collaboratively
- Ignores Input
- Dishonest
- Acts Erratically
- Covers Up Errors
- Passive Aggressive
- Focuses on the Problems
- Unforgiving & Holds Grudges

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## What else would you add to the lists?

Have a conversation with your team, and complete the activity on the back of this resource.

# Positive Teams Build Trust and Great Relationships

## TRUST BUILDERS

### Team Activity



Chapters 6 and 7 in ***The Power of a Positive Team*** are about Building Trust and Great Relationships. Review those chapters and complete this activity with your team.

1. Have each person make a list of their top 5 trust builders and trust breakers.
2. Then, have each team member share their list and explain the “why” of their selections.
3. After everyone has shared, collaborate as a team to create an integrated team list of your top team trust builders and breakers. These should align with your shared vision and greater purpose and embody your culture and values.

This activity is something you can do to “Invest in the Root” from Chapter 2 **Positive Teams Create Positive Cultures** and a way to continue to build great relationships and trust.

For development of your team, please email us at [popt@jongordon.com](mailto:popt@jongordon.com).

[www.powerofapositiveteam.com](http://www.powerofapositiveteam.com)